



WSA Travel & Premier Pre-Season Training Week – Fall 2025

OPTIONAL, but highly recommended

August 18-22, 2025

1-3 pm: U11-U13 Boys & Girls

3:15-5:15 pm: U9 & U10 Boys & Girls

All players must register on www.westportsoccer.org (fee is \$254)

Click “Register” at Top of Homepage

WESTPORT FIELD LOCATION – LOEFFLER GRASS FIELD behind Staples HS in Westport, CT

With over 30 years of experience, Mickey Kydes Soccer and staff, is excited to offer all Westport Travel & Premier Players a comprehensive weeklong training experience designed to prepare each player for the upcoming fall season. Our goal is to promote confidence, communication, teamwork, selflessness, and to have fun. This is also a great opportunity to meet teammates and coaches. Hope you can join us!

The structured, organized and challenging environment will focus on the following:

- Technical and Motor Skill Development
- Small-sided Transitional Activities
- Soccer Related Social Activities
- Independent Decision Making

2-hour Training Breakdown (U11, U12, U13)

1:00 pm: Introduction to Training Session

1:05 pm: Warm up – motor skills

1:20 pm: Technical/Tactical Activity

1:45 pm: Small sided Transitional Activity

2:15 pm: Scrimmages

2:50 pm: Cool Down and Review

3:00 pm: Dismissal

2-hour Training Breakdown (U9&U10)

3:15p: Intro to Training Session

3:20p: Warm up – motor skills

3:35p: Technical/Tactical Activity

4:00p: Small sided Transitional Activity

4:30p: Scrimmages

5:05p: Cool Down and Review

5:15p: Dismissal

Important Notes:

- Please arrive 15 minutes early on Monday for Check-in
- Please bring a pumped ball, shin guards and soccer shoes
- Please bring water
- Please dress appropriately based on weather
- If there are any cancellations we will try and add the time to another day

Questions? Contact: Registrar@westportsoccer.org

updated 8/03/25

“Think, Act, Be Creative”